

NONVIOLENT/NON-SELF-DESTRUCTIVE BEHAVIOR RESTRAINT TRACER TOOL

	Met	Not Met	Comments
ASSESSMENT			
Clinical indication clearly documented			
Alternatives to restraint/seclusion documented (less restrictive)			
PATIENT MONITORING			
Reassessment is documented at a frequency per policy			
Restraint removal time is documented			
Restraint is not used on a PRN basis			
MEDICAL RECORD DOCUMENTATION			
A physician or LP responsible for the patient's care orders the restraint			
The patient's condition or symptoms that warranted the use of restraint			
The criteria for release from restraint			
Restraint order dated			
Restraint order timed			
Restraint order indicates type of restraint			
Orders are renewed as authorized with indication for continuation per policy			
If the restraint is reordered, time gaps in the renewals do not exist			
Any patient injuries are documented			
The patient's response to the intervention(s) used, including the rationale for continued use of the intervention(s)			
Discontinuation of restraint occurs asap			
Any related consultations			
EDUCATION / NOTIFICATION			
Attending Physician was notified of the restraint if s/he did not order			
The reason/s for restraint were explained to the patient			
Family notified of the restraint use			
NURSING DOCUMENTATION			
Care Plan updated with restraint use			
Nursing documentation present for restraint according to policy			
STAFF TRAINING			
Staff are trained in all requirements including alternatives to restraint, reasons for use, safe application and removal of restraints, assessment and monitoring of response, and documentation			