

RECOMMENDED MALIGNANT HYPERTHERMIA CART CONTENTS

Dantrolene 20 mg vials	36 vials - sufficient to treat 70 kg or 154 lb person
60 ml vials of Sterile Water	For dantrolene reconstitution
Ryanodex®	3 vials
5 ml vials of Sterile Water	For Ryanodex® reconstitution
8.4% Sodium Bicarbonate 50 ml	5 prefilled syringes or vials
Dextrose 50% 50 ml	2 vials
Calcium Chloride 10% 10 ml	2 vials or prefilled syringes
Regular Insulin 100 units/ml	10 vials (In Refrigerator)
Lidocaine 2% 100mg/5ml	2 prefilled syringes
0.9% Sodium Chloride 1000 ml IV bags	Minimum of 3 bags Refrigerated
Charcoal Filters	2 pair of activated charcoal filters (compatible with Anesthesia Machines in use)
60 ml Syringes	5 to 10 syringes
Intravenous Catheters 16G, 18G, 20G- 2 inch; 22G-1 inch; 24 G ¾ inch	4 of each size
Nasogastric Tubes	Sizes determined by population served
Toomey irrigation syringes with adapters 60 ml	2
Core temperature probes Nasopharyngeal, tympanic, rectal, bladder	Types determined by organization <i>Include plan for batteries if needed</i>
Transducer Kits arterial and central venous cannulation	
Large Sterile Drapes to cover wound	2-3
Urine Meter	1
Irrigation tray with piston (60 ml syringe)	2
Large clear plastic bags for ice	4
Small plastic bags for ice	4
Bucket for ice	1
Test strips for urine hemoglobin	1 container
Syringes (3 ml) for blood gas analysis or ABG kits or point of care monitors; ISTAT with TB syringes	6
Blood specimen tubes for CK, myoglobin, SMA 19 (LDH, electrolytes, thyroid studies), PT/PTT, fibrinogen, fibrin split products; and lactate, CBC, platelets.	4 of each type
Urine collection container	4

- Source: Recommended Cart Content American Association of Nurse Anesthetists 2022